



4 April 2016

Media Release

Children's media group invites families to balance media usage by playing in the Autumn leaves

The Australian Council on Children on the Media (ACCM) are pleased to be partnering with SA Open Gardens at the Glenalta Open Garden event to be held on April 24th 2016. As the nominated charitable organisation we are raising money to further fund our work in supporting families, industry and decision makers in building and maintaining a media environment that fosters the health, safety and wellbeing of Australian children.

Garden historian Trevor Nottle said Glenalta is *'without question the best garden in South Australia'*, and the Australian Council on Children and the Media are thankful to Geoff Stewart, the owner of the garden, for the opportunity to raise much needed funds for our not for profit organisation. Carolyn Armstrong, Gardener at Glenalta says 'the garden is a lovely place for children, with secret pathways, hedged areas, and wide open spaces to play in and explore. The autumn leaves are spectacular and children will be able to play in and enjoy the abundance of leaves that will have fallen by the end of April'.

ACCM CEO Barbara Biggins said 'we are delighted to be part of this event and invite people to bring their children to play in the garden and frolic in the autumn leaves. For us this provides the opportunity to promote the work we do and provides an occasion for children and their families to spend time outdoors together. Our message about media management is one of balance, and as children are spending more time on media devices, it is even more important to balance this time with nature experiences.'

Tea and scones will be served and a plant stall will be available for keen gardeners to prepare for autumn and winter planting. For more information on Australian Council on Children and the Media please visit www.childrenandmedia.org.au

For more information on Open Garden SA, and the Glenalta open garden please visit <http://opengardensa.org.au/open-garden/glenalta-stirling-2/>

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For interview and/or photographic opportunities please contact Clare Phillips 0434 146 096