

MEET THE TEAM

CMA Board Member - Dr Catherine Page Jeffery



Dr Catherine Page Jeffery is a lecturer and researcher in the Discipline of Media and Communication at the University of Sydney. Catherine's current research addresses digital media and families, with a particular focus on parenting in the digital age. Catherine feels strongly that both parents and children are able to contribute to media policy; that their knowledges, perspectives and experiences are acknowledge and used to inform policy; and that young people have a say in decisions that affect them.

In 2020 Catherine successfully led a project funded under the Online Safety Grants Program aimed at promoting intergenerational understanding about digital media with the aim of reducing parent-child digital conflict.

Before entering academia, Catherine spent more than a decade in the research and public sector, including at the Australian Communications and Media Authority where she worked in internet regulation, online safety, television classification investigations, and the classification of children's programs.

Since completing her doctorate in 2019, her work on digital media and families has been published in leading international journals.

Why is Catherine passionate about CMA?

Catherine is passionate about the many benefits of digital media technologies for young people, and believes that children have a right to not only participate in online spaces, but thrive. The work of CMA is important in ensuring that young people can reap all the benefits of media, while being protected from potential harms.

Key articles and selected publications

The Conversation, 10 February 2023: Is 13 too young to have a TikTok or Instagram account? <https://theconversation.com/is-13-too-young-to-have-a-tiktok-or-instagram-account-199097>

LSE Parenting for a Digital Future, 23 September 2020. 'Is that appropriate?' Parental judgements about the risks and opportunities of teenagers' digital media use. <https://blogs.lse.ac.uk/parenting4digitalfuture/2020/09/23/parental-judgements-about-risks-and-opportunities/>

Page Jeffery, C. (2021). [Parenting in the digital age: Between socio-biological and socio-technological development](#). *New Media & Society*, 23(5), 1045-1062.

Page Jeffery, C. (2021). ["It's really difficult. We've only got each other to talk to."](#) Monitoring, mediation, and good parenting in Australia in the digital age. *Journal of Children and Media*, 15(2), 202-217.

Page Jeffery, C. (2018). [Too sexy too soon, or just another moral panic?](#) Sexualization, children, and "technopanics" in the Australian media 2004–2015. *Feminist Media Studies*, 18(3), 366-380.

Jeffery, C. P. (2022). ["\[Cyber\] bullying is too strong a word...":](#) Parental accounts of their children's experiences of online conflict and relational aggression. *Media International Australia, Incorporating Culture & Policy*, 184(1), 150-164.

Page Jeffery, C. (2022). ["It's just another nightmare to manage:"](#) Australian parents' perspectives on BYOD and 'ed-tech' at school and at home. *Learning, Media and Technology*, 47(4), 471-484.